



Lifforming
LEADERSHIP COACHING

Assembling The Whole Story.

Lifforming Coaching Values

- Transformation is primarily experiential, not informational
- God initiates transformation through real, everyday life experiences
- Effective coaching flows out of mental, emotional and spiritual maturity
- Each person is a uniquely designed individual whom God has entrusted with a stewardship over his or her own life
- Authentic relationships are foundational to leadership growth and abundant living

Lifforming Leadership Coaching is a leadership coach training organization for relationally focused leaders looking for profound, but measurable tools to catalyze change in their spheres of influence.

Distinct from other coach training organizations we train through one-on-one experiences to deliver immediate and sustainable change.

**The Real Talk Training Seminar
will be held at:**

101 North Lynnhaven Road, Suite 304
Virginia Beach, VA 23452

www.lifformingcoach.com

Office 757.631.4440

Toll-free 888.852.2234

Fax 757.631.4448



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Real Talk Training Seminar

Lifforming has the tools and methodology
to unlock sustainable personal change

Unlock Sustainable Personal Change Through Real Talk Training:

- Connect Relationally with Your Children
- Communicate Intimately with Your Spouse
- Uncover Forgotten Dreams
- Make Conflict Less Damaging and More Productive
- Lead Engaging Meetings
- Excel in Customer Service



Lifeforming training does not just present great concepts—instead, it turns your whole life into a leadership laboratory.

Use Professional Coaching Techniques to Revolutionize Your Everyday Communication

Real Talk Training is a one-day seminar training leaders in effective interpersonal communication skills.

RTT is an interactive experience including demonstration, practice and constructive feedback.

Drawing from the same insights and exercises of



our intensive programs, the RTT Seminar equips attendees to use professional coaching techniques to revolutionize their everyday communications.

You also have the option to continue with the fifteen-week Accelerated Coach Training Program at the end of the seminar.

The RTT Seminar provides interactive training in listening for the deeper meaning, asking questions to open others up and solving problems permanently by *not* giv-



ing advice.

You'll learn ways to get a response instead of a reaction, how to jump-start a significant conversation with anyone, and how to avoid the #1 killer of authentic communication.

Don't miss this opportunity to unlock sustainable change in your ability to communicate.



ACCELERATED COACH TRAINING

The ACT Program is a fifteen-week program designed for those who desire to use coaching practices in their current role.

Registration is open at the RTT Seminar.

PROFESSIONAL PROGRAM

The Professional Program is a one-year, comprehensive training that equips you to coach at the professional level.

Visit our website to register for the next open semester.

LIFEFORMINGCOACH.COM



The RTT Seminar Outline:

Session One:
Real Talk Overview

Session Two:
Real Time Connections

Session Three:
Ask More, Tell Less

Session Four:
Asking Powerful Questions

Session Five:
Listening to What Really Matters

Session Six:
Giving Constructive Feedback

Session Seven:
The Power of Reflection

Session Eight:
Developing Your Support Team

