



Lifeforming
LEADERSHIP COACHING

Assembling The Whole Story.

Lifeforming Coaching Values

- Transformation is primarily experiential, not informational
- Transformation comes through real, everyday life experiences
- Effective coaching flows out of mental, emotional and spiritual maturity
- Each person is a uniquely designed individual who is accountable for managing their own life
- Authentic relationships are foundational to leadership growth and abundant living

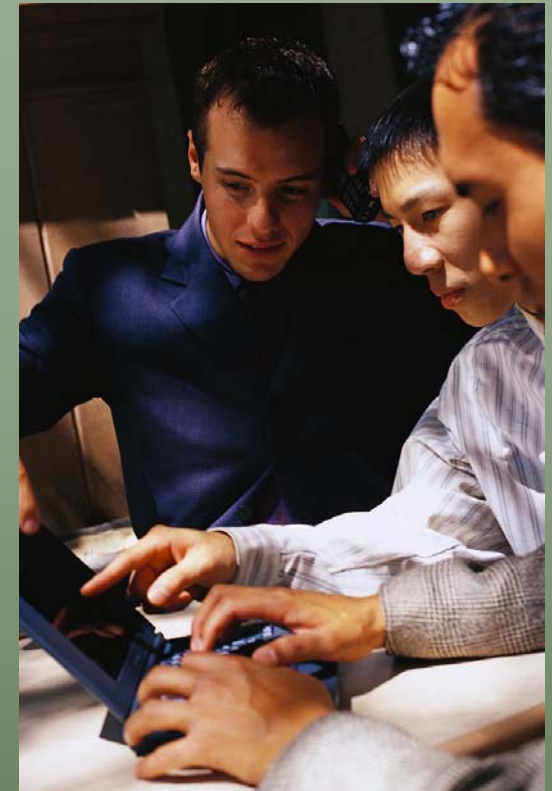
Lifeforming Leadership Coaching is a leadership coach training organization for relationally focused leaders looking for profound, but measurable tools to catalyze change in their spheres of influence.

Distinct from other coach training organizations we train through one-on-one experiences to deliver immediate and sustainable change.

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Accelerated Coach Training Program

Lifeforming has the tools and methodology
to unlock sustainable personal change

Unlock Sustainable Personal Change Through the ACT Program:

- Catalyze In-depth Conversations
- Lead Engaging Meetings
- Listen Intuitively
- Ask Powerful Questions
- Enhance Your Development of Others

Lifeforming training does not just present great concepts—instead, it turns your whole life into a leadership laboratory.



A Systematic, Effective Method to Develop Leaders with Character and Competence



The ACT Program is an in-depth, 15 week program designed for those who desire to use coaching practices in their current role. It employs a combination of two one-day workshops, eight tele-class training sessions, and eight personal coaching sessions with a peer coach and/or coach trainer, to create personal transformation in the lives of the trainees.

You will practice skills including asking powerful questions, active listening, the G.R.O.W. model of coaching, redefining success and failure, catalyzing in-depth coaching conversations, and setting up a coaching client relationship.

Your sustainable personal change experience positions you to replicate this experience with others. Organizational culture shifts when the leaders of an organization each experience personal change and practice our methodologies.

NEXT STEPS

Register at a Real Talk Training Seminar or visit our website to register for the next open semester.

LIFEFORMINGCOACH.COM

PROFESSIONAL LEADERSHIP COACH QUALIFICATION

The Professional Program is a one-year, comprehensive training that equips you to coach at the professional level.

Visit our website to register for the next open semester.

THE ACT PROGRAM : PHASE 1

Week 1 – Workshop 1

Teleclass Group Sessions:

Week 2 – Active Listening and Powerful Questions/Setting Up Your Peer-Coach Relationship

Week 3 – Authentic Relationships for Transformational Coaching

Week 4 – Healthy Accountability

Week 5 – Learning the G.R.O.W. Model

Week 6 – Practicing the G.R.O.W. Model for Coaching Conversations

Week 7 – How Change Happens

Week 8 – Redefining Success and Failure

Week 9 – Setting Up a Coaching Client Relationship



PHASE 2

Week 10 – Workshop 2

Teleclass Group Sessions:

Week 11 – Three-way Coaching Appointment (trainer does coaching)

Week 12 – Three-way Coaching Appointment (trainer does coaching)

Week 13 – Three-way Coaching Appointment (peer coaching with trainer feedback)

Week 14 – Three-way Coaching Appointment (peer coaching with trainer feedback)

Week 15 – Summary and Celebration

Following the Accelerated Coach Training:

Week 16 – 18 Peers continue peer coaching without the coach trainer present

